

## 2025/26 Inter-institutional Indoor Rowing Competition

Date: 11 February 2026

Time: 10:30hrs – 16:00 hrs

Venue: Table Tennis Room, DSSRC, So Kon Po, Causeway Bay

### Competition Schedule:

<u>Event</u>	<u>Schedule</u>
Registration (AM)	09:45 hrs - 10:15 hrs
Briefing	10:15 hrs - 10:30 hrs
Men's Open 1,000M	10:30 hrs - 11:30 hrs
Men's Senior 1,000M	11:30 hrs - 12:00 hrs
Women's Open 500M	12:00 hrs - 12:30 hrs
Women' Senior 500M	Cancelled due to less than 3 participants
Lunch Break	
Registration (PM)	13:45 hrs - 14:00 hrs
Men's Institutional 4 X 500M Relay	14:00 hrs - 15:30 hrs
Women's Institutional 4 X 500M Relay	
Prize Presentation Ceremony	